Maine

QUEBEC, CANADA

NEW BRUNSWICK, CANADA

New Hampshire

GULF OF MAINE

ATLANTIC OCEAN

Aroostook County

The Kennebec Valley

GREAT NORTH WOODS

The Maine Highlands

Bangor • Katahdin • Moosehead Lake

DownEast & Acadia

Maine's Lakes & Mountains

Mid-Coast

Greater Portland & Casco Bay

The Maine Beaches

Fort Kent
Madawaska
Frenchville
Van Buren
Eagle Lake
Allagash
Limestone
Caribou
Fort Fairfield
Presque Isle
Ashland
Aroostook State Park
Mars Hill
Houlton
Patten
Mt. Katahdin
Baxter State Park
Chamberlain Lake
Chesuncook Lake
Seboomook
Seeboomook Lake
N.E. Carry
Ripogenus Dam
Canada Falls Lake
Mt. Kineo State Park
Brassua Lake
Rockwood
Kokadjo
Moosehead Lake
Jackman
Lily Bay State Park
Greenville
Appalachian Trail
Millinocket
Medway
Sherman
Millinocket Lake
Lincoln
Pleasant Lake
Sysladobsis Lake
Topsfield
Grand Lake Stream
West Grand Lake
Big Lake
Calais
Nicatous Lake
Moosehorn National Wildlife Refuge
Cobscook Bay State Park
Eastport
Campobello Isl.
Shackford Head State Park
Lubec
Quoddy Head State Park
East Machias
Machias
Roque Bluffs State Park
Jonesport
Cherryfield
Ellsworth
Bucksport
Fort Point State Park
Moose Point State Park
Lamoine State Park
Holbrook Island Sanctuary
Bar Harbor
Acadia National Park
Deer Isle
Stonington
S.W. Harbor
Warren Island State Park
Camden Hills State Park
Camden
Rockport
Rockland
North Haven
Vinalhaven
Owls Head State Park
Birch Point Beach State Park
Damariscotta
Damariscotta Lake State Park
Wiscasset
Pemaquid Point
Monhegan Island
Reid State Park
Popham Beach State Park
Bath
Boothbay Harbor
Brunswick
Bradbury Mountain State Park
Freeport
Wolfe's Neck Woods State Park
Harpswell Ctr.
Orr's Island
Bailey Island
Yarmouth
Gorham
Portland
Two Lights State Park
Crescent Beach State Park
Scarborough Beach State Park
Old Orchard Beach
Ferry Beach State Park
Kennebunkport
Wells
Ogunquit
York
Kittery
Vaughan Woods State Park
Sebago Lake State Park
Windham
Naples
Bridgton
Fryeburg
Range Pond State Park
Auburn
Lewiston
South Paris
White Mtn. National Forest
Bethel
Rumford
Farmington
Mount Blue State Park
Grafton Notch State Park
Livermore Falls
Waterville
Augusta
Lake St. George State Park
Belgrade
Unity
Skowhegan
Canaan
Newport
Hampden
Swan Lake State Park
Brewer
Bangor
Hermon
Milo
Brownville Jct.
Peaks-Kenny State Park
Dover-Foxcroft
Guilford
Moscow
Carrabassett Valley
Bingham
Kingfield
Rangeley
Rangeley Lake State Park
Aziscohos Lake
Cupsuptic Lake
Moosehead Lake
Upper Richardson Lake
Flagstaff Lake
The Forks

HOW CLOSE ARE WE TO YOU?

PORTLAND MAINE TO:

	Mi.	Km.
Boston, MA	106	171
Burlington, VT	257	413
Concord, NH	109	175
Halifax, NS	552	888
Hartford, CT	203	327
Montreal, QUE	256	412
Providence, RI	174	280
New York, NY	311	500
Toronto, ONT	574	924
Washington, DC	535	861

Quebec
CANADA
Presque Isle
Montreal
MAINE
Ottawa
St. John, NB
Bangor
Augusta
Lewiston
VT
Portland
NY
NH
Albany
MA
Boston
CT
New Haven
RI
PA
NJ
New York City
Philadelphia
MD
DE
WV
Washington, DC
VA