

## Nature & Wildlife Itinerary

### Day 1

Stop at the [Rachel Carson National Wildlife Refuge](#) in Wells to observe a unique composition of plants and wildlife that cannot be found anywhere else in Maine due to its location between the eastern deciduous forest and the boreal forest.

After seeing salt marshes and estuaries, step onto a [First Chance Whale Watch](#) in Kennebunk to spot whales in their natural habitat, as well as other Maine marine wildlife.

Next up, learn about lobstering in Maine with [Rugosa Lobster Tours](#) in Kennebunkport.

After a day on the water, rest at the [Nonantum Resort](#) in Kennebunkport. With a pool, lighthouse and views of the Kennebec River, enjoy some quiet time before the next adventure.

### Day 2

Spot wildlife and see nature from above with a [Chondola ride](#) at Sunday River Resort in Newry. Take your pick from a classic chairlift or from a gondola cabin that fits up to 15 people.

Rent a bike for a ride along the paved [Bethel Pathway](#) right next to the Androscoggin River for views of mountains and the river.

While in the Bethel area, be sure to check out the region's portion of the [Maine Birding Trail](#) to see what species of birds you can spot.

Stay the night where your day began at the [Sunday River Resort](#).

### Day 3

On day three, make your way to Maine's largest lake, Moosehead, in Greenville. Paddle on the lake or explore the shore to see what wildlife you can find.

The Moosehead Lake region has many trails for hiking, with an added challenge called the [Moosehead Pinnacle Pursuit](#). Choose one of the six summits that are part of the challenge to get a taste of the Pinnacle Pursuit.

Make memories that will last a lifetime by seeing a Maine moose. [Find a guide](#) who will show you the hotspots and make the likelihood of encountering a moose even greater.

Spend the night enjoying [Blair Hill Inn](#), with unparalleled views overlooking Moosehead Lake.



#### Day 4

Next stop is Downeast in Bar Harbor, home of Acadia National Park.

Take the Puffins, Lighthouses & Seabirds Cruise with [Acadian Boat Tours](#). Be on the lookout for coastal birds and listen to the crew to find out what kinds you can see.

Immerse yourself in nature at Acadia National Park by biking on the carriage roads or trying out a hiking trail.

Rest at the [Bluenose Inn](#) with comfortable rooms and amazing ocean views.

#### Day 5

Continue along the Maine Birding Trail down the coast to Boothbay Harbor.

While in Boothbay, visit [Coastal Maine Botanical Gardens](#). Take a walk around the gardens to see the beautifully landscaped plants and flowers and enjoy the walking trails along the water's edge.

In the evening, settle in at [Spruce Point Inn Resort](#) in a peaceful area of Boothbay Harbor with a wide range of accommodation options ranging from spacious rooms to a seaside cottage.

Contact: Chiara Moriconi, [Chiara.Moriconi@maine.gov](mailto:Chiara.Moriconi@maine.gov).