

Taste of Coastal Maine Itinerary

Day 1

Southern Maine

As you arrive in Maine, right off Route One is the Wiggly Bridge Distillery in York. The father and son small-batch distillery produces high-quality spirits for you to discover during their tours and tastings. Just up the road, try your hand at creating divine cuisine at the Stonewall Kitchen Cooking School.

Travel north on Route One until you reach Route Nine. On the edge of the Kennebec River, fuel the rest of your day with a lobster roll at The Clam Shack in Kennebunk. After all, what is a visit to Maine without a lobster roll?

Continue along until you arrive in Scarborough. At the end of Pine Point, on the edge of Nonesuch River, you will find Nonesuch Oysters for a tasty and educational tour of the oyster farm.

Scarborough is the perfect place to stop for the night at Higgins Beach Inn. Take a walk to see the sunset and return to your room without having to travel far.



Day 2

Bon Appetit's Restaurant City of the Year, Portland

On day two of your adventure, take a tour with foodie tour with Maine Day Ventures. After sampling Maine cuisine, you will be thirsty. Take a trip to Thompson's Point to visit Stroudwater Distillery and Bissell Brothers. At Stroudwater Distillery, taste some true traditional Maine spirits. Bissell Brothers shares their talent for brewing beer with a range of new and different styles.

No matter what ambiance you are looking for, the Old Port has it covered. Explore the listed dinner and drink options for a truly unique experience:

Casual: Portland Lobster Co., Honeypaw, Hot Suppa

Upscale: Fore Street, Scales

Seafood: Eventide Oyster Co., Street & Co., DiMillos on the Water

Cocktails: Blythe & Burrows, The Portland Hunt & Alpine Club

Small Plates: Sur Lie, Central Provisions

Once you have sampled Portland's culinary delights, stay the night at Hyatt Place Portland.

Day 3

Freeport and Midcoast

On day three, travel up to Freeport for the [Maine Beer Company](#) tasting room, featuring 20 draft lines and wood-fired pizza.

From Freeport, continue up the coast to Rockland. Here, discover the delicious creations that can be made with local Maine foods on the Rockland foodie tour with [Maine Day Ventures](#).

Have dinner at [Primo](#) for an authentic farm-to-table experience. This restaurant is located right on the farm where the ingredients used to make the meals come from.

Stop in Rockland for the night at the [Berry Manor Inn](#). Satisfy your sweet tooth with freshly made pies always out for guests.

Day 4

Mount Desert Island

Continue making your way up the coast to Southwest Harbor for a traditional lobster dinner at [Beal's Lobster Pier](#). Watch lobster boats come and go from the pier as you crack into a freshly caught crustacean.

On the other side of Mount Desert Island, Bar Harbor is a fantastic place to stop for a bite to eat at a café. [Side Street Café](#), a family-owned restaurant, is the perfect place to pick up a burger and enjoy the welcoming atmosphere. Read a book while you eat at the quirky [Café this Way](#) or take your meal outside to the patio.

See all the hard work that goes into catching a lobster by taking a tour with [Lulu Lobster Boat Ride](#).

Spend the night at the [Bar Harbor Inn](#), overlooking Frenchman Bay. The inn is also home to the Reading Room Restaurant, Terrace Grille Restaurant, and Oasis Club Lounge.

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